
Sexual Health Education

for 6-8th & 9-10th grades

The Greenspire Schools



Michigan Department of Education requirements:

1. Teach about HIV and other Sexually Transmitted Infections (STI) yearly in every school building within a school district.
2. Notify parents and guardians of their rights regarding the HIV and sexual health education curriculum.
3. Have public meetings (like this one!) and obtain school board approval of the HIV and sexual health education curriculum.

Parental and Guardian Rights

1. Parents have the right to review lesson materials before they are taught (April/May 2022).
2. Parents have the right to observe instruction.
3. Parents have the right to excuse their student(s) without penalty.
4. In order to excuse their student, parents must provide written notice to The Greenspire School of the excusal.

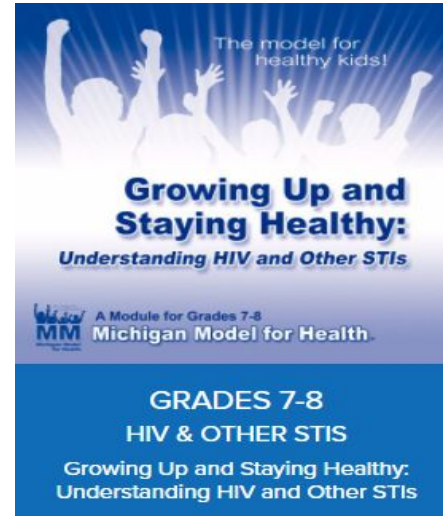
National Health Standards

- Core Concepts
- Interpersonal Communication
- Goal Setting
- Self Management
- Analyzing Influences
- Accessing Information
- Advocacy

Middle School curriculum sources:

- ★ *Michiganmodelforhealth.org*
- ★ *Amaze.org* (introduction videos, age recommendation 10+ year olds)
- ★ *Kidshealth.org* (brief puberty review)

The Michigan Model for Health™ (MMH) is a comprehensive health education curriculum that targets Pre-K through 12th grade students utilizing a skills-based approach. The MMH curriculum teaches students the knowledge and skills they need to build and maintain healthy behaviors and lifestyles. Age-appropriate and sequential lessons focus on the most serious health challenges school-aged children face.



6-8th Grade HIV Lessons Include:

- *puberty and reproduction review*
- *facts about HIV/AIDS and STI's and ways to prevent them (abstinence-based)*
- *skills regarding how to set healthy boundaries and have healthy relationships*
- *legal, health, social and emotional considerations of sexual activity, including online safety*
- *skills to communicate with peers, family members, and other trusted adults*

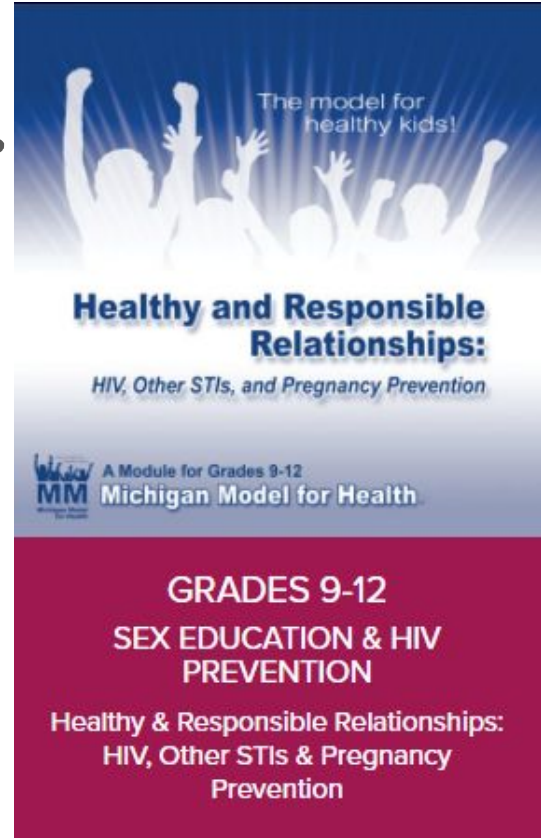
The Middle School Curriculum and parent notification letter

Michigan [Grade Level Content Expectations](#) (pgs. 3 and 4)

High School curriculum source:

- ★ *Michiganmodelforhealth.org*
- *Healthy and Responsible Relationships*
- *20 lessons*

The following themes are woven throughout Healthy and Responsible Relationships high school curriculum: (next slide)



Relationships are central to an individual's life. The quality of relationships affects each person's behaviors, health, enjoyment of life, and likelihood of success. Therefore, healthy relationships are the foundation for positive sexual behavior.

- Decisions about sex often take place within the context of relationships. Teaching about sex without teaching about relationships is like teaching how to operate a car without teaching about the rules of the road.

- Health is not merely the absence of disease; it is a person's ability to function at his or her highest level. Each individual is responsible for his or her own behavior and health. Because sex often involves others, each individual is also responsible for his or her partner's sexual wellbeing.

- ***Abstinence is the safest and healthiest choice for young people; therefore, it is the primary emphasis. Because most young people will eventually have sex, risk reduction is an additional emphasis.***

Sexual behaviors have consequences. Before engaging in sex, each individual should know the possible consequences, how to reduce negative consequences, and how to make the best decision for his or her situation.

- Parents and families are the first and primary sexuality educators of their children. Every family's values and behaviors are powerful models and motivators for their children's sexual decisions and behaviors. Encouraging and equipping parents and families to wield their influence will result in healthier behaviors among young people. Families and schools working together are more effective than either working in isolation.

- Young people have the power to control their personal behavior. When they are equipped with the skills they need, they are better able to exert their power.

Which HRR abstinence-based path?

The high school Healthy and Responsible Relationships is an abstinence-based curriculum; however, it provides three options for implementation, including an abstinence-only option. The SEAB members believe the following is the best option for our community:

- abstinence-based with contraception, including condoms

[AB vs. AB+ diagram](#)

[Lesson 16 contraception information](#)

Lesson 15 includes an activity in which the teacher models the correct method for applying and removing a condom. The students then practice this technique using their fingers. It is important that students learn this potentially life-saving skill in order to reduce the human error that reduces the effectiveness of condoms. Several options are available for teaching this lesson in a manner that is appropriate for our community... the SEAB has requested that a professional from the local health department or a community-based organization is invited to conduct the condom demonstration and practice.

The High School Curriculum chapter summary and parent notification letter

Michigan [Grade Level Content Expectations](#) (pgs. 5 and 6)

*parents are allowed to view the HRR lessons binder at the high school by appointment (the curriculum cannot leave the building)

NEW! The Greenspire School website TOOLBOX health educ. section:

- A. Sexual health ed. parent notification letters
[HS](#) and [MS](#)
- B. Sexual health ed. [TADL teen resources](#)
- C. Sexual health ed. [Michigan legal summary](#)
- D. Additional resources in the works
**Newsletter blurb weekly starting in mid
April?

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