

## The Greenspire School District Notification to Parents/Guardians for *Michigan Model for Health™ Sex Education and HIV/STI Prevention Module*

Dear Parent or Guardian:

We are about to begin teaching **Healthy and Responsible Relationships** in our 9<sup>th</sup> and 10<sup>th</sup> grade Health and PE classes. This program of instruction was approved by the The Greenspire School District Board of Education. As a parent, you have several rights:

- *You must be notified* prior to instruction on sex education and/or HIV/STI prevention.
- *You may preview the curriculum and materials.* To do so, please contact:  
Erica Walsh, HS Principal, erica.walsh@greenspireschool.org
- *You may view the lessons being taught if you wish.* To do so, you must schedule your visit at least 48 hours prior to the class you want to observe. To schedule your lesson observation, please contact:  
Erica Walsh, HS Principal, erica.walsh@greenspireschool.org
- *You may excuse your child from this instruction without penalty.* If your child should not participate in some or all the lessons, please complete the Exemption Request below and return it to the school office.

### Exemption Request

1. If you want your child to participate in the sex education and/or HIV/STI prevention lessons described on the attached list, you do not need to return this form.
2. If you want your child to be excused from some or all the sex education and/or HIV/STI prevention lessons:

- Initial this box.
- Draw a line through the lessons in the boxes below from which your child will be exempted.
- Complete this form.
- Return a hard-copy to The Greenspire High School office, or an email copy to Erica Walsh, HS Principal, erica.walsh@greenspireschool.org

1. Friendship First
2. Relationships and Responsibility
3. Building Healthy Relationships
4. The Many Facets of Intimacy
5. Let's Hear the Facts
6. More About STIs
7. The Stakes Are High
8. Know the Risks!
9. Examining Influences, Including the Law
10. When Talking is Tough

11. Know Your Limits and Avoid the Risks
12. Exerting Positive Influence
13. Escape the Risks by Setting Limits and Using Refusal Skills
14. The Cost of Pregnancy and Teen Parenting
15. Reducing the Risks: Condom Use
- 16/17. How to Prevent Pregnancy
18. Responding to Pressure
19. Testing: Who, Why, and How
20. Looking to the Future

Student Name: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_